## Community Hospital's Grand Valley Spine and Pain

ommunity Hospital's Western
Colorado Spine and Grand Valley
Interventional Pain Specialists
have joined forces to form Grand Valley
Spine and Pain. Combining these two
service lines into one convenient location
ensures the most comprehensive spine
and pain care possible for patients in the
Grand Valley and surrounding areas.

In 2018, Community Hospital endeavored on a state-of-the-art spine program to provide expert spine care to patients in the Grand Valley and surrounding areas. Kirk Clifford, MD



Kirk Clifford, MD

along with now retired, James Gebhard, MD, left Rocky Mountain Orthopaedic Associates to form Western Colorado Spine. Dr. Clifford has nearly 25 years

of experience in orthopedic spine surgery. He has unique training in a combined orthopedic-neurosurgical spine fellowship and provides orthopedic surgery with a specialized focus on the diagnosis, treatment and rehabilitation of spine injuries in both adults and children.



Peter Shorten, MD

Peter Shorten, MD joined Community Hospital's orthopedic spine team in 2020. Dr. Shorten is a fellowship trained, board certified

orthopedic spine surgeon and brings over six years of experience, specializing in degenerative spine surgery, spinal deformity surgery, spine arthroplasty, and minimally invasive spine surgery.

Community Hospital's comprehensive interventional pain management program is overseen by Monty Langston, MD.



Monty Langston, MD

Dr. Langston is board certified in both anesthesiology and interventional pain management. Dr. Langston has been practicing in the Grand

Valley since 2008. Dr. Langston is a well-respected interventional pain specialist in the Grand Valley, providing minimally invasive pain management technique and non-pharmacologic pain management procedures. Community Hospital is extremely excited to welcome an additional pain specialist in August 2024.

Additionally, Community Hospital is pleased to announce Dr. Colton Palmer, MD will be joining the interventional pain team with clinical interests in interventional pain procedures, neuromodulation and electromyography (EMG and nerve conduction studies).



Colton Palmer, MD

Dr. Palmer graduated medical school from Texas Tech University, Paul L. Foster School of Medicine. He completed his residency and fellowship

from State University of New York Upstate University Hospital.

Community Hospital's spine and pain care team offers a wide range of services from pain injections and minimally invasive procedures to complex spine surgeries. State-of-the-art technology assists our spine surgeons in operating more precisely. Community Hospital is the ONLY facility in western Colorado to use the Brainlab spinal navigation equipment.

The orthopedic and spine care team at Community Hospital recently earned the Joint Commission Center of Excellence

## Community Hospital's Grand Valley Spine and Pain offers the following spine and interventional pain services

- Degenerative Spine Surgery
- Spinal Deformity Surgery
- Spine Arthroplasty
- Minimally Invasive Spine Surgery
- Spine Trauma
- Epidural Steroid Injections for Radiculopathy, Spinal Stenosis and Herniated/Bulging Discs
- Trigger Point Injections
- · Procedures for Pain Associated with Shingles
- Occipital Nerve Blocks
- And more!

accreditation by demonstrating continuous compliance with their performance standards. The Joint Commission's Gold Seal of Approval® is a symbol of quality that reflects a health care organization's commitment to providing safe and quality patient care. Community Hospital is honored to be a Joint Commission Center of Excellence for total joint replacement for the hip, knee, shoulder, and spine surgery. The orthopedic and spine care team at Community Hospital stands alone on the Western Slope for having earned this prestigious recognition. Ensuring patient safety and high-quality care with efficiency and effectiveness is at the backbone of everything we do.

By providing adult and pediatric spine surgery and interventional pain services in one convenient location, Community Hospital is able to better meet the health care needs of the community by providing accessible, high-quality, coordinated and cost-effective care to patients in the Grand Valley and surrounding areas. Community Hospital's spine surgeons and interventional pain specialists are committed to providing the best health care possible for each patient.

For comprehensive spine and interventional pain services right here at home, call us today at 970-644-4010 to schedule an appointment with our dedicated team of professionals at Grand Valley Spine and Pain. We invite you to Discover the COMMUNITY difference!

